

# 50 THINGS TO DO FOR

*free*

- DIY something
- Clean out your car
- Declutter your home
- Exercise
- Find a new recipe off
- Journal away
- Create a habit sheet
- Create Art work
- Organize your home
- Fix up your back yard
- Garden
- Take photos
- Set up a financial plan
- Write out your goals & make an action plan
- Visit a FREE event nearby
- Go to the beach/Find FREE parking
- Go for a nice walk
- Explore the library
- Surf the web
- Organize your phone photos & apps
- Sort out the Laundry
- Watch a series on Netflix/Hulu
- Get together with family
- Get together with friends
- Go to the park
- Play a video game
- Practice Self-Care
- Find a place to volunteer
- Enjoy the fireplace
- Learn a new skill
- Sort through e-mail/DM's/Mail
- Meditate
- Play a board game
- Teach your kids something new
- Spend time with your kids
- Teach your dog a new trick
- Go out for a picnic
- Go bike riding
- Go window shopping
- Write a letter to a relative
- Spend time with your spouse
- Listen to Music
- Work on a puzzle
- Play an app on your phone
- Rearrange furniture/decor
- Write out a to-do list
- Go Geocaching
- Have a yard sale
- Volunteer somewhere

  
*Samora Mel*